

**Bullying Questionnaire. Circle your answer.**

1. I'm in:            Grade 4-5            Grade 6-7            Grade 7-8            Grade 9-10

2. I am a:            boy            girl

3. During the past two weeks I have been bullied:            never    once    twice    several times    many times

**4. How safe do you feel:**

How safe do you feel in your **classroom**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

How safe do you feel on the **playground**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

How safe do you feel in the **cafeteria**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

How safe do you feel going **to and from** school, walking or taking the bus:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

How safe do you feel in the **hallways**:

- a. very unsafe and scared
- b. kind of unsafe
- c. so-so
- d. kind of safe
- e. very safe

**5. How others treat you**

How often do other students bully you by laying their hands on you (hit, **kick, or push you or hurt your body**) in school or on the school bus:

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often do other students bully you by saying mean things to you (things that **hurt your feelings**)?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often do other students bully you by spreading **mean rumors** about you?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often do other students bully you by **leaving you out** of their activities to hurt your feelings at school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

In what grade is the student or students who bully you?

- a. I haven't been bullied
- b. in my class
- c. in the same grade as me, but in a different class
- d. in a lower grade
- e. in a higher grade

If you have been bullied this year, who have you told or asked for help?

- a. I haven't been bullied
- b. my mother or father
- c. my sister or brother
- d. a teacher or other adult at school
- e. another kid at school
- f. nobody

How often do you spend recess or lunchtime alone because nobody wants to hang around with you?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

## **6. How you treat others:**

How often do you bully others by laying your hands on them ( hitting, kicking, pushing or otherwise hurting the bodies of other students) in school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never
- f. only if it's a fight

How often do you bully others by saying mean things, teasing or calling names to other students at your school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often do you spread mean rumors or leave other students out of your activities to be mean?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often do you make sexual comments to other students who you know are likely to be bothered by it?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

### **7. What you have seen and heard:**

How often have you **seen** another student bully others by laying hands on them ( hitting, kicking, pushing or physically hurting) in the school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often have you **heard** another student bully others by saying mean things, teasing or calling other students names in school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often have you **heard** another student spread rumors or leave other students out of activities to be mean in school or on the school bus?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

How often have you **heard** another student bully others by making sexual comments to be mean to other students?

- a. every day
- b. once or twice per week
- c. once or twice per month
- d. once or twice per year
- e. never

### **8. How you reacted**

What have you done when you have **seen** a student being hit, kicked, pushed, punched or otherwise physically hurt in school or on the bus?

- a. I have never seen another student being bullied
- b. I walked away and ignored it
- c. I stood and watched
- d. I helped the person who was being targeted
- e. I helped the bully
- f. laughed

What have you done when you have **heard** a student being teased or called names in school or on the school bus?

- a. I have never heard another student being bullied
- b. I walked away and ignored it
- c. I stood and watched
- d. I helped the person being bullied
- e. I helped the bully
- f. laughed

If you helped a target in a bully situation, how did you help?

- a. by telling an adult
- b. by later telling the target that you thought what the bully did was mean.
- c. by telling the bully to stop
- d. by going over and leading the target away
- e. other
- f. I didn't help

## 9. Gangs

I know of students in my school who are members of a gang (or wannabes)

- a. yes
- b. no
- c. wannabes, but not members
- d. we don't have gangs, just "popular" kids who control others

How much of a problem do you think gangs are in your school?

- a. a huge problem
- b. a big problem
- c. somewhat of a problem
- d. no problem at all

## 10. Conclusion

How much of a problem do you think bullying is in our school?

**REMEMBER - Bullying is when one person or group of people keep hurting another person with words or actions.**

- a. a huge problem
- b. a big problem
- c. somewhat of a problem
- d. no problem at all

Go to [www.reportbullying.com](http://www.reportbullying.com) and report it

It's the right thing to do.